

Supplementary Table 1. Acute skin toxicity assessment form (adapted from CTCAE V4.03: skin and subcutaneous tissue disorder)

SYMPTOMS AND TOXICITY ASSESSMENT					ASSESSMENT DATE	
CTCAE V4.03 : Skin and subcutaneous tissue disorders (If No symptom=0, if Death=5)					_ _ / _ _ / _ _ _ _	
	Symptoms	Grade 1	Grade 2	Grade 3	Grade 4	
TD	Dry skin	<10% BSA, no erythema or pruritis	10-30% BSA with erythema, pruritis; limiting instrumental ADL	> 30% BSA with pruritis; limiting self care ADL	-	[]
TE	Erythroderma	-	>90% BSA with no symptoms; limiting instrumental ADL	>90% BSA with symptoms; limiting self care ADL	>90% BSA with fluid or electrolyte abnormalities; ICU or burn care unit indicated	[]
TP	Pain of skin	Mild pain	Moderate pain; limiting instrumental ADL	Severe pain; limiting self care ADL	-	[]
TS	Photosensitivity	Painless erythema and cover <10% BSA	Tender erythema covering 10-30% BSA	Erythema covering > 30% BSA and erythema with blistering; photosensitivity; oral steroid indicated; pain control indicated	Life-threatening consequences; urgent intervention indicated	[]
TR	Pruritis	Mild or localized; topical intervention indicated	Intense or widespread; intermittent; skin changes from scratching; oral intervention indicated; limiting instrumental ADL	Intense or widespread; constant; limiting self care ADL or sleep; oral steroid indicated	-	[]
TH	Skin hyperpigmentation	<10% BSA; no psychosocial impact	>10% BSA; psychosocial impact	-	-	[]
TI	Skin induration (hardness of skin)	Mild, able to move skin parallel to plane and perpendicular to skin	Moderate, able to slide skin, unable to pinch skin; limiting instrumental ADL	Severe, unable to slide or pinch skin; limiting joint movement; limiting self care ADL	Generalized with sign or symptoms of impaired breathing or feeding	[]

SYMPTOMS AND TOXICITY ASSESSMENT						ASSESSMENT DATE
CTCAE V4.03 : Skin and subcutaneous tissue disorders (If No symptom=0, if Death=5)						__ / __ / ____
	Symptoms	Grade 1	Grade 2	Grade 3	Grade 4	
TU	Skin ulceration (inflammatory, necrotic, erosion)	Combined area<1cm; nonblanchable erythema of intact skin with warmth or edema	Combined area 1-2 cm; partial thickness skin loss involving skin or subcutaneous fat	Combine area>2 cm; full- thickness skin loss involving damage to or necrosis of subcutaneous tissue that may extend down to fascia	Any size ulcer with extensive destruction, tissue necrosis, or damage to muscle, bone, or supporting structures with or without full thickness skin loss	[]
	Worst scores	1	2	3	4	[]

Supplementary Table 2. Locally designed subset of questions related to bra wearing

	<u>Not at all</u>	<u>A little bit</u>	<u>Some-what</u>	<u>Quite a bit</u>	<u>Very much</u>	
1. I am not confident when not wearing a bra	0	1	2	3	4	[]
2. I cannot live a normal life without wearing a bra	0	1	2	3	4	[]
3. I feel unaccepted when not wearing a bra	0	1	2	3	4	[]

Supplementary Table 3. Mean 1-week after treatment Thai FACT-B Scores

	No Bra	Bra	p value
N	33	66	
Physical Well-Being			0.174
Mean (SD)	23.8 (3.5)	24.8 (3.2)	
Family/Social Well-Being			0.494
Mean (SD)	19.8 (3.6)	20.4 (4.2)	
Emotional Well-Being			0.263
Mean (SD)	20 (3.8)	20.8 (2.6)	
Functional Well-Being			0.207
Mean (SD)	21.3 (5.8)	22.7 (5)	
Breast Cancer Concerns			0.989
Mean (SD)	29.7 (5.1)	29.7 (5.5)	
Total Score			0.256
Mean (SD)	114.7 (16.2)	118.4 (14.8)	

Supplementary Table 4. Difference between 1-week after treatment and baseline FACT-B mean scores

	No Bra	Bra	<i>p</i> value
N	33	66	
Physical Well-Being			0.45
Mean (SD)	1.4 (4)	0.8 (3.7)	
Family/Social Well-Being			0.829
Mean (SD)	0.8 (4.4)	0.6 (4.2)	
Emotional Well-Being			0.085
Mean (SD)	0.2 (2.9)	1.4 (3.4)	
Functional Well-Being			0.989
Mean (SD)	1.4 (4.5)	1.3 (5.7)	
Breast Cancer Concerns			0.794
Mean (SD)	1.9 (5.4)	1.7 (5)	
Total Score			0.979
Mean (SD)	5.7 (11.7)	5.8 (13.9)	

Supplementary Table 5. Mean 1-week after treatment locally designed subset of questions related to bra wearing scores

	No Bra	Bra	<i>p</i> value
N	33	66	
I am not confident when not wearing a bra			<0.001
Mean (SD)	3.5 (0.7)	2 (1.5)	
I cannot live a normal life without wearing a bra			<0.001
Mean (SD)	3.5 (0.8)	2.2 (1.4)	
I feel unaccepted when not wearing a bra			<0.001
Mean (SD)	3.9 (0.4)	2.5 (1.4)	
Total Score			<0.001
Mean (SD)	10.9 (1.4)	6.7 (4.1)	

Supplementary Table 6. Difference between 1-week after treatment and baseline mean scores of locally designed subset of questions related to bra wearing

	No Bra	Bra	<i>p</i> value
N	33	66	
I am not confident without wearing bra Mean (SD)	0.9 (1.1)	0.5 (1.7)	0.164
I can't live normal life without wearing bra Mean (SD)	0.6 (1.1)	0.2 (1.6)	0.244
I am unacceptable without using bra Mean (SD)	0.7 (1.1)	0 (1.9)	0.041
Total Score Mean (SD)	2.2 (2.8)	0.7 (4.7)	0.082